

SEPTEMBER 2024

SANS SOUCI REHAB & NURSING CENTER

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1	2	3	4	5	6	7
9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Morning Stretch 10:45 Morning Discussion 11:00 Table Games 2:30 Name Your Game	9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Morning Stretch 11:00 Balloon Tennis 2:30 Labor Day Bingo Labor Day	9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Tone -up Tuesday 10:45 Table Talk 2nd 10:45 Sorry 3rd 2:30 Black Jack 1st 2:30 Zumba 2nd	9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Morning Exercise 10:45 Sing a long 2nd 10:45 Parachute Fun 3rd 2:30 VR Experience 1st 2:30 Art Therapy w/ Sol 2 2:30 Cooking Club 3rd	9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Table Talk 10:30 3rd Annual W/C Wash 2:30 Tailgate Party	9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Morning Exercise 11:00 Hangman 2:00 Movie 3rd 2:30 Music & Memory	9:30 Morning Greetings 10:00 Coffee & Chronicles 10:45 Morning Stretch 11:00 Creative Crafts 2:00 Polish & Pamper 2:30 Bingo
8 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Morning Discussion 11:00 Table Games 2:00 Strolling Dessert Cart 2:30 Name Your Game Grandparents Day	9 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Morning Stretch 11:00 Who, What , Where 1:30 Pet Therapy 2:30 Music Bingo 2:30 Family Feud 3rd	10 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Tone –up Tuesday 10:30 Table Talk 2:30 Horse Racing 1st 2:30 Family Feud 2nd 2:30 Noodle Hockey 3rd	11 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Morning Exercise 11:00 Target Practice 2:30 Law & Order 2nd 2:30 Roulette 3rd 2:30 Wood U Believe It ?	12 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Let's Get Moving 10:45 Movies & Stars 11:00 Shuffle Board 3rd 2:30 Picture Day 2nd 2:30 Volleyball 3rd	13 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Morning Exercise 11:00 Finish The Phrase 2:00 Movie 3rd 2:30 Puppet Show 2nd	14 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Morning discussion 11:00 Creative Crafts 2:00 Polish & Pamper 2:30 Bingo
15 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Morning Stretch 10:45 Morning Discussion 11:00 Table Games 2:30 Pokeno	16 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Morning Stretch 11:00 Who, What , Where 2:30 Music Bingo 2:30 Gardening Club 1st 2:30 Noodle Hockey 3rd	17 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Table Talk 10:30 Balloon Boxing 1st 2:30 Zumba 3rd 2:30 Name that Tune 2:30 Creative Arts w/ Massa	18 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Morning Exercise 11:00 Sing-A-Long 2:30 Cooking Club 2nd 2:30 Art Therapy w/ Sol 3rd 2:30 Wood U Believe It ?	19 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Let's Get Moving 10:45 Uno 2nd 10:45 Spelling Bee 3rd 2:00 Baptist Svs 3rd 2:30 Horse Racing 2nd	20 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Moving & Grooving 11:00 Hangman 2:00 Movie 3rd 2:30 Music & Memory 2nd	21 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Morning Stretch 10:30 Polish & Pamper 11:00 Creative Crafts 2:00 7th Day Adventist Svs 2:30 Bingo
22 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Morning Stretch 10:45 Morning Discussion 11:00 Table Games 2:30 Volleyball	23 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Morning Stretch 10:45 Current Events 2:30 Music Bingo 2nd 2:30 Table Tennis 1st 2:30 Bowling 3rd	24 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Table Talk 10:30 Tone-up Tuesday 2:30 LCR 3rd 2:30 Jeopardy Labs 2nd 2:30 Passport Making 1st	25 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Morning Exercise 10:45 Table Talk 2:00 Food Committee 2:30 Resident Council 2:30 Wood U Believe It ? 2:30 Table Games 3rd	26 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Let's Get Moving 10:45 Twister 3rd 10:45 Monopoly 2nd 2:30 Monthly Birthday Celebration	27 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:45 Moving & Grooving 11:00 Finish The Phrase 2:00 Movie 3rd 2:30 Karaoke w/ Hilda 2nd	28 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Morning Stretch 11:00 Creative Crafts 2:00 Polish & Pamper 2:30 Bingo
29 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Morning Stretch 10:45 Morning Discussion 11:00 Table Games 2:30 Name Your Game	30 9:30 Morning Greetings 10:00 Coffee & Chronicles 10:30 Music & Movement 11:00 Who, What , Where 2:30 Music Bingo 1st 2:30 Dominoes 3rd 2:30 Gardening Club 1st	Life Long Learning Classes Every Wednesday Starting Sept. 11th Please see Recreation For more information	FOR INQUIRES REGARDING BEAUTICIAN SERVICES PLEASE CONTACT RECREATION DEPARTMENT EXT 106/145 PROGRAMS ARE SUBJECT TO CHANGE	Contact Recreation Dept @ Ext. 145/106 For all inquires regarding PlayStation- Xbox-Netflix- Firesticks & Audible Books		