



Patient's Age: 57

Admission Date: 02/02/2017

Admitted From: Burke Rehab

Discharge Date: To Be Determined

Discharged To: To Be Determined

Length of Stay: Patient is currently working toward discharge.

Reason for Stay: Cerebrovascular Accident (Stroke)

How did this patient hear about Sans Souci? Social Worker at Burke Rehab.

Mr. Joe Mitchell is a 57-year-old male who was admitted to Sans Souci Rehabilitation and Nursing Center on February 2nd, 2017 from Burke Rehab after suffering a stroke. After his evaluation upon admission, he was provided physical, occupational, and speech therapy. Upon his initial speech-language evaluation, Joe presented with multiple speech impairments, as well as difficulty with swallowing (dysphagia). He was admitted with a diet that restricted him to pureed foods and thin liquids. With regard to his physical limitations, he required total care with all ADL's and was not ambulatory. He was also unable to lift himself from the bed to perform bed mobility.

Speech-language pathology consisted of intensive aphasia, apraxia and dysarthria therapy to enhance verbal communication and muscle movement. Dysphagia treatment consisted of trial feeding with various consistency, oral motor exercises, tactile-thermal stimulation, and continuous education regarding swallowing abilities to decrease anxiety with oral intake. His physical therapist orchestrated a complex care plan to enable Joe to progress from his physical limitations. Joe was taught to maneuver in such a way that he utilized his stronger side to propel his weaker side in a movement that enabled him to lift himself up from a lying position. This was an exercise that greatly enhanced his bed mobility. Once he was able to stand, he was taught to maneuver his legs to walk in the parallel bars, and eventually to walk with a hemi-walker. He utilized bicycle training to enhance endurance and activity tolerance, which strengthened him to be able to perform more strenuous tasks.

Currently, Joe is able to express his wants and needs, opinions and medical needs, and he is able to participate in social interactions. He is currently on a regular diet consistency and is enjoying his meals without any anxiety or fear. Overall, Joe has made many gains with his speech, language and swallowing abilities and will continue to make further improvements. He was able to also gain a healthy amount of planned weight. Joe is now able to walk 60-80 feet with a hemi-walker.

Joe is excited about furthering his progress at Sans Souci, to enable him to return home to his loved ones. As Joe shared with his speech language pathologist, "My speech is getting better, I am, um, proud of Sans Souci. I am proud of my speech. My eating is good; I eat all the time now."

We are excited to share this amazing journey, and even more excited to see Joe walk back in as a visitor to Sans Souci!