

Case Study Number: 24

Community Name: Sans Souci Rehabilitation and Nursing Center

Concierge Director: Nathaniel Gordon Date: January 2017

Patients Age: 71
Admission Date: 12/1/16
Admitted From: Saint Joseph Medical Center
Discharge Date: 1/19/17
Discharged To: Home
Length of Stay 49 Days
Reason for Stay: Cellulitis in lower extremity.
How did this patient hear about Sans Souci? Patient previously

Please share your patient’s positive experience including highlights, obstacles overcome and information critical to this being a successful patient experience.

Details of Experience:

Rosa was admitted to Sans Souci Rehabilitation and Nursing Center on December 1, 2016 from Saint Joseph Medical Center with a diagnosis of cellulitis of her left lower extremity, resulting in exacerbation of pain and decline in functional mobility. At the time of her initial physical therapy assessment, Rosa required extensive assistance with all functional mobility and activities of daily living (ADL’s), representing a clinically significant decline from her report of independence prior to admission.

Initially, Rosa was able to perform a stable level of bed mobility; however, she was dependent on caregiver assistance with transferring to and from bed. She was unable to initiate independent functional transfers as she had an unsteady gait. During her stay at Sans Souci, Rosa often would sing a variety of songs to her roommates as she was a Gospel singer at a younger age. Rosa often connected well with everyone she came across even though she was eager to return home to her loving and supportive family. As Rosa completed her skilled therapy, she demonstrated improvement of performance deficits, requiring contact guard assistance (CGA) for bed mobility, minimal assistance with functional transfers and moderate

assistance for gait at time of discharge. Additionally, Rosa ambulated up to 60 feet with a rolling walker, moderate physical assistance and a wheelchair to follow for safety. Despite levels of adversity that Rosa had endured at first, she brilliantly overcame them alongside the support from her passion and will to return home to her family. With a tremendous amount of gratitude to her therapists and the therapy team as a whole, Rosa was able to discharge home on January 19th of 2017!